

Dr. SAVITHA K BHAT



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Achievements

Given the opportunity to practice as an Ayurvedic teacher and doctor in India and England has helped me to motivate my ambition and has been an exceptional credit to my medical profession. During my academic and work experience, it has become apparent to me that medicine needs an empathetic, caring, dedicated and compassionate approach, alongside the ability to work and communicate effectively under pressure as well as part of a multidisciplinary team. Both my education and experience have given me this.

Experience of almost 15 years of Ayurvedic practice and 11 years of teaching in the Post Graduate department of Rasa Shastra and Bhaishajya Kalpana at Alva's Ayurveda Medical College and Hospital, Moodbidri after MD (Ayurveda – Rasa Shastra and Bhaishajya Kalpana) from Prestigious Taranatha Government Ayurvedic Medical College, Bellary, affiliated under Rajiv Gandhi University of Health Sciences, Bangalore, I contributed my knowledge of Ayurveda to thousands of Ayurvedic students and guided more than 5 post graduate research works.

Born into a traditional family practicing Vedic Astrology in South India, I devoted my life to Ayurveda science and completed my Ph.D. degree in Panchakarma from National Institute of Ayurveda, Jaipur affiliated under Dr. Sarvepalli Radhakrishnan Rajasthan Ayurveda University, Jodhpur, Rajasthan, India.

I have contributed many projects throughout my period as an Ayurvedic Practitioner. Working on Projects in United Kingdom has built up my self confidence and allowed me to gain an

understanding on Ayurveda in foreign market. I seek to bring this participation to newer projects to globalize Ayurveda in an authentic and traditional way.

With the professional experience of the 15 years, I believe that I have the qualities to be an authentic Ayurvedic Practitioner. My dedication, motivation and commitment have proved this over the years. I strive to become a reliable doctor and an outstanding professor, globalizing Ayurveda.

Professional Experience

16/11/2005 – 25/11/2009
Karnataka Ayurvedic College & Hospital,
Mangalore, Karnataka State, India

Assistant Professor in the Department of Post Graduation studies of Rasa Shastra and Bhaishajya Kalpana and Ayurveda Pharmacy In-charge.
Teaching Rasa Shastra and Bhaishajya Kalpana subjects for Bachelor degree students of Ayurveda.

27/11/2009 – 30/11/2015
Alva's Ayurvedic College & Hospital,
Moodbidri, Karnataka State, India

Associate Professor in the Department of Post Graduation studies of Rasa Shastra and Bhaishajya Kalpana.
Teaching Rasa Shastra and Bhaishajya Kalpana subjects for Bachelor and Post graduate degrees of Ayurveda.

01/02/2016 – 09/02/2017
Maria Ayurveda Medical College & Hospital, Moovatumugham post,
Thiruvattar, Kanyakumari District,
Tamil Nadu State, India

Professor in the Department of Rasa Shastra.
Teaching Rasa Shastra subject for Bachelor degree students of Ayurveda.

ACADEMIC QUALIFICATIONS:

Name of the course	Institute belonged	University/ Board	Subjects taken	Year of passing	% of Marks	Class awarded
S.S.L.C	B.R.P.H.S, Moodbidri	K.S.E.E	-	April 1994	79.68%	First
Inter - mediate 10+2	Govt. Junior College, Udupi	Govt. of Karnataka	PCMB	June 1996	68.83%	First
D.N.Y	Alvas College of Naturopathy & Yogic sciences, Moodbidri	Aided by C.C.R.Y.N, New Delhi	Yoga & Naturopathy	April 2000	61.60%	First
B.A.M.S	A.A.M.C, Moodbidri	RGUHS	-	May 2002	68.63%	First
M.D	T.G.A.M.C, Bellary	RGUHS	Rasa Shastra	Nov 2005	-	'B'

Ph.D	National Institute of Ayurveda, Jaipur	Dr.Sarvepalli Radakrishnan Rajasthan Ayurveda University, Jodhpur.	Rasa Shastra	March 2011	-	-
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Scholarly Assignments

M.D Research Thesis – Preparation and Analytical study of Dviguna Bali Jarita Rasa Sindura and its therapeutic efficacy in Kitibha Kushta (Psoriasis).

Ph.D Research Thesis - "A comparative Pharmaceutico-Analytical and Experimental study of Rajata Bhasma and Rajata Garbha Pottali with respect to their Anticonvulsive effect.

Academic Presentation in Various National and International seminars:

- Standardization of Kupi Pakwa Rasayanas with special reference to Shilasindura. Sponsors – National Seminar and Workshop on Rasa Shastra, Jamnagar, 24th and 25th January 2004
- Rasa Shastra – A Global perspective. Sponsors – National Seminar and Workshop on Rasa Shastra 'Rasa Sadhana' Belgaum, 19th -20th January 2005
- Standardization of Bhasmas of Calcium compounds with respect to their absorption time – an experimental study. Sponsors – National seminar on current trends in practical and clinical validation of traditional medicines, Bagalkot, 18th - 19th August 2007.
- Pharmaceutical chemistry concealed in Kupi Pakwa Rasayanas. Sponsors – National Ayurveda Congress, Moodbidri, 4th - 6th November 2007.
- Importance and Applicability of quality control measures in standardization Ayurvedic herbal and herbomineral formulations. Sponsors – World Ayurveda congress, Jaipur, 16th – 21st December 2008.

SEMINARS PARTICIPATED:

No.	Date	Particulars
01	15 th , 16 th May 2003	National seminar on points of concern in clinical application of Rasa medicine (Sponsored by WHO), Bellary, Karnataka
02.	26 th , 27 th Aug 2003	State level workshop on Research Methodology in Ayurveda, Bijapur, Karnataka
03.	27 th , 28 th Dec 20003	National conference on Ayurveda Pune, Maharastra.
04.	24 th , 25 th Jan 2004	National seminar & workshop on Rasa Shastra, Jamnagar.
05.	22 nd March 2004	Jignyasa – Astanga Ayurveda,

06.	19 th , 29 th Jan 2005	Bellary, Karnataka National seminar & workshop on Rasa shastra – “Rasa Sadhana” Belguam, Karnataka
07.	1 st Feb 2005	National integrated medical Association Bellary.
08.	7 th , 8 th Feb 2007	Workshop on Research Methodology, Jaipur.
09.	18 th , 19 th Aug 2007	National seminar on current trends on preclinical and clinical validation of Medicines, Bagalkot, Karnataka
10.	30 th , 31 st Oct 2007	WHO Sponsored seminar cum workshop On safety profile of Ayurvedic dosage Forms, Varanasi, Uttarpradesh.
11.	4 th , 6 th Nov 2007	National Ayurveda Congress, Moodbidri, Karnataka
12.	12 th July 2008	CME program on Basti Chikitsa Hassan, Karnataka
13.	16 th – 21 st Dec 2008	World Ayurveda congress, Jaipur, Rajasthan.

FIELD VISITS:

No.	Date	Particulars
1.	28.08.2003	Pawamana Pharmaceuticals, Bijapur
2.	29.12.2003	Ayurveda Rasa shala, Pune.
3.	14.02.2004	Muniyal Ayurvedic Medical College, Manipal
4.	25.05.2004	S.D.M. Ayurvedic Pharmacy, Udupi.
5.	12.08.2004	Indian Bureau of Mines, Bangalore.
6.	02.09.2004	Nava Karnataka Steels Ltd, Bellary.
7.	13.09.2004	NIT, Surahthkal, Mangalore.
8.	04.12.2004	IICT, Hyderabad.
9.	20.01.2005	K.L.E.S Pharmacy college, Belgaum.
10.	25.02.2005	T.V.M Pharmacy College Bellary.
11.	05.01.2006	Parashinakadavu Snake park and Visha Chikitsalaya, Kerala.
12.	06.01.2006	Kottekal Ayurveda College, Hospital, Pharmacy & Herbal Garden.
13.	07.01.2006	Sitaram Pharmacy, Guruvayur

ARTICLE PUBLISHED: ‘Migraine’ an Ayurvedic approach – published by Newsletter of ARMARC
Vol 1.61, June 2007.

Personal Profile

Name	Dr.Savitha K Bhat
Fathers Name	R.Sreeshadas
Date of Birth	22 nd July 1978
Religion	Hindu
Permanent Contact Details	Sri Raghavendra Nilaya, Near Janardhana Temple, Ujire.

Belthangady Taluk, Dakshina Kannada -574240, Karnataka-India.

Mobile: 91-9945877257 Tel : 91-8256-23640

B.A.M.S Reg No
Passport Number

16583
J 9330846

Marital Status
Languages know

Married
English, Hindi, Kannada, Tulu and Sanskrit.

Professional Profile

- Dedicated researcher with exceptional organizational, troubleshooting and problem solving skills.
- Computer proficient in Microsoft word, Excel, Power Point, Access, Info Path, publisher, Outlook, SPSS, Adobe Photoshop and Reader, Outlook Express and Web Browser.
- Throughout my education and career practices, I have managed to gain a variety of very precious skills. I would regard my character as being diligent and determined. I am highly self motivated and can work individually and a part of a team. I have the ability to work enthusiastically, under pressure in order to meet deadlines.

MEMBERSHIP AND AWARDS

- Member of Karnataka Ayurvedic & Unani practitioners Board, Bangalore, INDIA.
- Member of Dr.Aithal's Ayurveda Seva Trust (R) Ujire, Dakshina Kannada District, Karnataka State, India – Public Charitable Trust aiding in funding and preserving, promoting and practicing Ayurveda, Yoga, Naturopathy and Medical Astrology in India and abroad.

Extra Curricular Activities include reading, writing, social and cultural activities, listening to music and daily practice of Meditation and Pranayama.

Strengths: I am a diligent enthusiastic person with a positive attitude; high will power, confidence, and belief in my capabilities and a true quality of maintaining a very good, long-standing relationship with my patients and professional ability in teaching of Ayurveda are my strengths.

DR.SAVITHA K BHAT